



BREAKFAST @SCHOOL

For first-class learning!

New Haven Public Schools

Featuring
Healthy Fruits
& Grains!

Pre-K BREAKFAST MENU

This institution is an equal opportunity provider and employer.



Thursday, January 2

- 1 oz. Kix
- Grahams
- Unsweetened Cinnamon Applesauce
- 100% Juice
- Milk

Friday, January 3

- 1 oz. Honey Scooters
- Cheese Stick
- Raisins
- 100% Juice
- Milk

Breakfast Bites!



It's a popular breakfast choice today, but Greek yogurt hasn't really been a thing for very long. In fact, as recently as 2007, Greek yogurt accounted for less than 1% of all U.S. yogurt sales. Today, that figure is more than 50%!

Monday, January 6

**NO SCHOOL
THREE KINGS DAY**

Tuesday, January 7

- 1 oz. RS Cinnamon Flakes
- Grahams
- Unsweetened Applesauce
- 100% Juice
- Milk

Wednesday, January 8

- Strawberry Banana Yogurt
- Granola
- Fresh Fruit
- 100% Juice
- Milk

Thursday, January 9

- 1 oz. Cinnamon Toast Crunch
- Sunflower Seeds
- Raisins
- 100% Juice
- Milk

Friday, January 10

- Bagel with Grape Jelly
- Cheese Stick
- Mixed Fruit Cup
- 100% Juice
- Milk

First things First

Choose at least **ONE** serving of **FRUIT** and at least **THREE** items **TOTAL** so your meal counts as a Complete Breakfast!

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First things First

To make a breakfast, choose at least one



or



and at least three items total



New Haven Public Schools

KIDS! Join us daily for the original value meal!

All of our complete meals are always
NO CHARGE
for all students

with no need to submit an application, thanks to the Community Eligibility Program!

Monday, January 13

1 oz. RS Cinnamon Flakes
Granola
Unsweetened Applesauce
100% Juice
Milk

Tuesday, January 14

1 oz. Rice Chex
Cheese Stick
Unsweetened Strawberry Applesauce
100% Juice
Milk

Wednesday, January 15

GM Cereal Bar
Sunflower Seeds
Fresh Fruit
100% Juice
Milk

Thursday, January 16

2 oz. RS Cinnamon Toast Crunch
Raisins
100% Juice
Milk

Friday, January 17

1 oz. Kix
Grahams
Peaches
100% Juice
Milk

Monday, January 20

MLK Holiday
School Closed



Tuesday, January 21

Banana Muffin
Sunbutter Cup
Unsweetened Cinnamon Applesauce
100% Juice
Milk

Wednesday, January 22

1 oz. Rice Chex
Grahams
Fresh Fruit
100% Juice
Milk

Thursday, January 23

Vanilla Yogurt
Granola
Peaches
100% Juice
Milk

Friday, January 24

1 oz. RS Cinnamon Flakes
Cheese Stick
Raisins
100% Juice
Milk

Monday, January 27

Blueberry Muffin
Sunbutter Cup
Unsweetened Applesauce
100% Juice
Milk

Tuesday, January 28

2 oz. RS Cinnamon Toast Crunch
Unsweetened Strawberry Applesauce
100% Juice
Milk

Wednesday, January 29

1 oz. Kix
Grahams
Fresh Fruit
100% Juice
Milk

Thursday, January 30

Hadley Farms Raspberry Cream Bar
Sunflower Seeds
Pineapple Tid Bits
100% Juice
Milk

Friday, January 31

1 oz. Rice Chex
Cheese Stick
Raisins
100% Juice
Milk